



October Mommy Moments & Tours Live!

- Join us virtually for Live Prenatal Education and Tours
- with opportunity to ask questions

You will not be on camera, be comfy in your PJ's if you like!

Upcoming classes with tour at end of class:

- ❖ Breastfeeding Class & Tour
 - Monday, 10/12 5:30 p.m.-7:30 p.m.
- ❖ Labor & Delivery Class & Tour
 - Monday, 10/19 5:30 p.m.-7:30 p.m.
- ❖ C-Section, Newborn, Postpartum Class & Tour
 - Monday, 10/26 5:30 p.m.-7:30 p.m.

Tour only:

- ❖ Wednesday, 10/7 5:30 p.m.-6:00 p.m.
- ❖ Wednesday, 10/14 5:30 p.m.-6:00 p.m.
- ❖ Wednesday, 10/21 5:30 p.m.-6:00 p.m.

Register by calling 1-800-476-8723

or

Register by email to Melissa.Gettelfinger@bhsi.com

Please include: Name, Dates of Classes/tour to register,

Due date, Doctor, and date of next office appointment.